

OCTOBER 2024

Proviso Township High Schools

Grades:
9 - 12

Monday

Tuesday

Wednesday

Thursday

Friday

Apple Crisp
Bar
&
Cucumber Coins
Choice of Milk

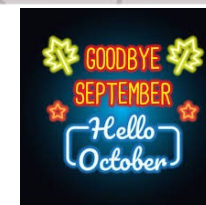
1

Heart Shaped
Pretzels
&
Fresh Apple
Choice of Milk

2

Yogurt w/
Granola
&
Baby Carrots
Choice of Milk

3



4

Smores Bar
&
Watermelon
Craisins
Choice of Milk

7

Tiger Bites
&
Cucumber Coins
Choice of Milk

8

Smart
Popcorn
&
Fresh Apple
Choice of Milk

9

Colby Jack
Cheese Cubes
&
Baby Carrots
Choice of Milk

10



11



4

Apple Crisp
Bar
&
Cucumber Coins
Choice of Milk

15

Heart Shaped
Pretzels
&
Fresh Apple
Choice of Milk

16

Yogurt w/
Granola
&
Baby Carrots
Choice of Milk

17



18

Roasted Ranch
Chickpeas
&
Watermelon Craisins
Choice of Milk

21

Tiger Bites
&
Cucumber Coins
Choice of Milk

22

Smart
Popcorn
&
Fresh Apple
Choice of Milk

23

Colby Jack
Cheese Cubes
&
Baby Carrots
Choice of Milk

24



25

Smores Bar
&
Watermelon
Craisins
Choice of Milk

28

Apple Crisp
Bar
&
Cucumber Coins
Choice of Milk

29

Heart Shaped
Pretzels
&
Fresh Apple
Choice of Milk

30

Yogurt w/
Granola
&
Baby Carrots
Choice of Milk

31



SERVED DAILY: Fresh fruits & vegetables, whole grains. 1% white milk & fat free flavored milk. Please ask cafeteria manager for gluten free options. These products are funded by the USDA. This institution is an equal opportunity provider. Menu items subject to change due to availability. Please contact the manager with any question prior to the menu.